

## YOU CAN HELP!

- Volunteer for LCCA fundraisers
- Join a LCCA subcommittee
- Talk about drug use/misuse with fellow community members
- Distribute substance abuse prevention information to the community
- Assist with education and prevention presentations in schools, businesses, churches, and local communities
- Participate in countywide anti-drug campaigns such as “Parents Who Host Lose the Most” and “Communities Mobilizing for Change on Alcohol”\*



Community Partners



\*Funded by the Community Mental Health Partnership of Southeastern Michigan

1. Community Focus: Substance Abuse Indicators in Livingston and Washtenaw Counties, 2010.
2. Michigan Profile for Healthy Youth, Michigan Department of Education, 2014

## LOCAL SUBSTANCE ABUSE TREATMENT PROVIDERS

- Livingston County Catholic Charities
- Karen Bergbower & Associates
- Key Development Center Inc.
- Brighton Center for Recovery
- Breaking the Chain Counseling Center
- Complete Counseling Center Inc.
- Livingston County Community Mental Health Authority
- Livingston Family Center
- St. Joseph Mercy Hospital Outpatient Behavioral Services
- The Brighton Center Inc.
- Downriver Mental Health Clinics & Advanced Counseling Services PC
- Ann Arbor Consulting Services Inc.

For additional licensed treatment providers in Livingston County, please visit: [www.michigan.gov/lara](http://www.michigan.gov/lara)

The LCCA does not endorse any provider, nor any processes, treatment location or services. It is recommended that you do your own research on what provider best fits your needs.



*To unite the Livingston County Community to reduce and prevent youth substance use and to live a safe and drug free lifestyle.*

## WHAT IS LCCA?

Livingston County Community Alliance (LCCA) is a non-profit, county wide coalition that mobilizes members of our community to take action to address substance abuse issues. LCCA promotes healthy community standards regarding alcohol, tobacco, and other drug use. In addition, the LCCA advocates for the development of a comprehensive, substance abuse service delivery system.



## SUBSTANCE ABUSE IN LIVINGSTON COUNTY

- Survey data shows that Livingston County youth using alcohol, marijuana, and illicit drugs at rates **higher** than national averages. 1
- Livingston youth 12-17 years initiate alcohol use at **age 13**. 2
- **22.9%** of Livingston County 11<sup>th</sup> grade students report using marijuana during the past 30 days. 2
- **5.1%** of Livingston County youth, ages 16-17 years, have taken painkillers such as OxyContin, Codeine, Percocet, or Tylenol III without a doctor's prescription during the past 30 days. 2

## LCCA ACTIVITIES

### Preventing Underage Drinking



- *Project Sticker Shock*\*- Area youth place stickers on multi-packs of alcohol to remind buyers that it is illegal to purchase alcohol for minors
- *Alcohol Compliance Checks*\*- Conduct "stings" in conjunction with the Michigan State Police to ensure alcohol retailers do not sell to minors
- *School Campaigns*\*- Work with area schools to implement multiple drug awareness campaigns including MOST Teens Don't Use

### Preventing Youth Marijuana Use

- *Distributing information* regarding the dangers of youth marijuana use
- *Advocating* to ensure all laws protect youth from marijuana use

### Preventing Opiate Abuse

- *Implementing* the Big Red Barrel program
- *Educating* doctors and the community about the dangers of prescription drug misuse

### MINI-GRANTS

Revenue from LCCA fundraisers fund prevention activities that raise awareness of substance use within Livingston County. These projects are created, planned, and implemented by Livingston County youth.

## THE BIG RED BARREL



### **Educate. Collect. Dispose.**

You can help prevent addiction. The LCCA has created permanent prescription drug collection units. These units give our community a chance to prevent potential prescription drug abuse. Please dispose of your unused or unwanted medication at the following locations:

- Michigan State Police- Brighton Post
- Livingston County Jail
- Fowlerville Police Department
- Pinckney Police Department
- Hamburg Police Department
- Unadilla Township Police Department
- Green Oak Township Police Department
- Brighton Police Department
- Howell Police Department
- Any Michigan State Police Post in Michigan

### NO QUESTIONS ASKED

The medication will be disposed of in an EPA approved way.

### MEETING INFORMATION:

Meetings are open to anyone interested in the LCCA's goal of substance use prevention.

Call Kaitlin Fink at (517) 545-5944 or email [Livingston.Community.Alliance@gmail.com](mailto:Livingston.Community.Alliance@gmail.com) for more information or visit [www.livingstoncountycommunityalliance.org](http://www.livingstoncountycommunityalliance.org)